

Hi. I'm Adrienne/

# EMPOWERMENT SPEAKER & COACH

My journey is like so many others one of resilience, purpose, and empowerment. My passion for helping individuals and businesses grow stems from over 15 years of coaching, an MBA, and leadership and mindset development. From navigating personal challenges like career pivots and loss, to building Empowered for Success LLC, I've embraced the power of reframing and intention at every turn.

Inspired by the desire to see leaders—especially women of color—step boldly into their potential. My goal is to empower women to renew their mindsets, break through imposter syndrome, shatter limiting beliefs, and create actionable strategies for success.

My motto is "to be successfully reinvent yourself you must renew your mindset + plan + be accountable. " I invite you to join me on this journey of transformation. Together, we can create a ripple effect of empowered, intentional leadership.



#### @empoweredforsuccessllc

Helping leaders & change agents bridge the gap between **purpose & possibility** 





Empowered for Success LLC is a trusted coaching and goal attainment consultancy with 20+ of expertise in operations and administration and 15+ years of experience empowering leaders, individuals, and organizations to achieve their fullest potential. We specialize in leadership development, mindset coaching, and strategic planning, offering tailored programs like DISC assessments, workshops, and one-on-one coaching. With a focus on resilience, clarity, and growth, we help clients set purposeful goals, overcome challenges, and create lasting, transformative success.

### **Clients have worked at**



### SERVICES

- Signature 1:1 Coaching
- Mastery Workshops
- VIP Days
- DISC Assessments
- Team Building
- Speaking Engagements

### **CORE COMPETENCIES**

- Leadership Development
- Mindset Coaching:
- Goal-Setting and Strategic Planning
- Diversity and Inclusion Advocacy:
- Behavioral Assessments and Insights
- Emotional Intelligence Development
- Workshop and Program Design
- Conflict Resolution and Mediation

### NAICS / COMMODITY CODES

- 541611 Administrative Management and General Management Consulting Services
- 611430 Professional and Management Development Training
- 541612 Human Resources Consulting Services
- 611699 All Other Miscellaneous Schools and Instruction
- 813410 Civic and Social Organizations
- 541618 Other Management Consulting Services

## **CERTIFCATIONS & DEGREES**

- Mediation Certificate
- Certified Professional Coach (CPC)
- Master Degree Business Administration (MBA)
- International Coach Federation (ICF)
- Professional Certified Coach (PCC)
- Certified DISC Practitioner

### **PROFESSIONAL AFFLIATIONS**

- International Coaching Federation, Active
- International Women's Network Member 2021-2023

## **COMPANY DATA**

- Leadership & Mental Well -Being Coach
- Company Size: <10
- Woman and Minority Owned
- Location: US and International. I offer virtual and onsite coaching and trainings.

# **Adrienne Reynolds**

LEADERSHIP COACH & OPERATIONS CONSULTANT

### Phone: 773.242.9685

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Signature Topics

Mental Health Matters: Promoting Self-Awareness and Mindfulness

Planning Positive: Reframing Your Thoughts for Personal and Professional Growth

 Authentic Leadership: Leading with Purpose and Identity

 Embracing True Potential: Overcoming Limiting Beliefs and the Imposter Syndrome

Testimonial

"Adrienne helped me organize my thoughts, and identify and hone in on my working style and communication tactics which has improved my working relationships. All development areas I may not have identified on my own."

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# ADRIENNE REYNOLDS

### EMPOWERMENT COACH - SPEAKER - AUTHOR

Lets Work Together!

Adrienne Reynolds, the founder of Empowered for Success, is a seasoned Professional Certified Coach dedicated to redefining success. She believes true success is orchestrating the perfect harmony of reframed mindsets, unwavering accountability, and meticulous planning. With over 15 years of dedicated service in coaching women in leadership roles, Adrienne brings a wealth of expertise to the table. As a Certified DISC Practitioner, she intricately weaves her background in Mental Health and Healthcare Leadership into her coaching practice, offering clients a unique and transformative experience. Her leadership extends beyond the realm of coaching. She excels in leadership, team guidance, employee training, and change management. Grounded in actionable plans and mindfulness, her methods inspire resilience, courage, and assertiveness in clients. Above all, Adrienne is driven by a steadfast commitment to empower women to not just survive, but to thrive in every aspect of their lives.

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Clients have worked at



Appenrances







# ADRIENNE REYNOLDS AUTHOR | SPEAKER EMPOWERMENT COACH

Planning Positive 90 DAY PLANNER FOR POSITIVE LIVING

Adrienne Reynolds

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Adrienne is an accomplished author, coach, and founder of Empowered for Success, LLC in Chicago. With over 15 years of experience, she holds an MBA and certifications in coaching and mediation. Passionate about empowering women of color, Adrienne helps clients navigate personal challenges and embrace resilience. Through her transformative programs, she fosters a growth mindset and advocates for mental wellness. Dedicated to inspiring leaders and change agents, she emphasizes celebrating achievements and leading with confidence. Outside of her work, Adrienne enjoys spending time with her six Pit Bulls, traveling, and immersing herself in music.

# **Publications**

#### Planning Positive: 90 Days for Positive Living (2021)

### Genre: Self Help

Planning Positive is a transformative guide designed to help individuals reframe their thinking, establish intentional habits, and enhance daily productivity. Through practical strategies and reflective exercises, readers learn to prioritize tasks, monitor their thoughts, and cultivate gratitude, empowering them to navigate challenges and achieve their goals with purpose and clarity.